## Unitarian Universalists of Clearwater - March 30, 2025

### Michael Kahn hosts:

### **UUC Community Sunday!**

This is the popular Sunday gathering when we meet in the Social Hall for a brief welcome. At that point, adults, children, congregants and guests are invited to attend a breakout workshop of choice. At 12:00 PM, we will be heading to the Social Hall for our Stewardship Luncheon. We hope you can join us!

Our Vision: An inclusive religious community, a beacon for reason, meaning and bold social action.

Our Mission: To celebrate dignity and respect for all, nurture lifelong spiritual growth, act for justice and equality, and serve the wider community.

Pre-service music Played by Chuck Miller

Welcome Michael Kahn, Worship Associate

**Tingsha** 

Prelude "Let There Be Peace on Earth"

Dr. Susan Robinson and the UUC Choir

**Call to Worship** "In This Quiet Hour May Our Spirits Be Renewed"

by Gary Kowalski Delivered by Michael Kahn

Chalice Lighting "The Abundance of Our Lives Together"

by Katie Sivani Gelfand Delivered by Michael Kahn

We light our chalice as a symbol of gratitude as we celebrate the abundance of our lives together.

In this sanctuary we harvest bushels of strength for one another, and offer our crop with the hands of compassion and generosity.

In the authentic and gentle manner of our connections, we cultivate a simple sweetness to brighten our spirits.

May we be grateful for the ways we nourish and uplift each other, For it is the sharing of this hallowed time together that sustains us.

Joys and Sorrows Delivered by Michael Kahn

Offering Michael Kahn

For online giving: <a href="https://uuc.breezechms.com/give/online">https://uuc.breezechms.com/give/online</a>

For text giving: (727) 500-2410



# **Extinguishing the Chalice**

"Go in peace, go making peace, live gently, love mightily and bow to the mystery"

# **Our Grateful Thanks:**

Worship Associate and Service Host: Michael Kahn; Service Technical Support: Jeremy Dillow, Rich Cann, David Feick; Zoom Host: TBD; UUC Choir: Barbara Bedingfield, Matt Bouchie, Rich Cann, Linda Carroll, Gretchen Craig, Anne DiNatale, Pan Godchaux, Sue Hand, Ed Kraemer, Francine Lancaster, Chris Parliman, Bruce Peller, Susie Safford; Slides and Video: Margie Manning and Jeremy Dillow; Ushers: TBD; Visuals: Ana "Soledad" Vaquer; Staff: Anne Gilbert, Campus Administrator; Rev. Amy Kindred, Developmental Minister; Chuck Miller, Pianist; Dr. Susan Robinson, Choral Conductor, Zoraida Santana, Custodian; Gary Strauss, Security Guard; Susan Strauss, Handyperson; Lori Thorn, Lifelong Learning Dale Zwick, Bookkeeper; Pastoral Associates: Bill Foley, Pan Godchaux, Kathy Krohn; Aryna Ryan

#### **SUNDAY FLOWER DONATIONS**

If you would like to supply the flowers for an upcoming Sunday service in honor of a special event or person in your life, please email Ana "Soledad" Vaquer at <a href="mailto:soledad">soledad</a>. She will help you coordinate your contribution.

Community Sunday Experiences	Facilitator(s)	Location
Improv; a playful approach to life workshop What does it truly mean to be mindful, to be in the now? Through playful, low risk activities, we'll explore the feeling of presence – awareness, connection, and mindfulness.	Jean Sheridan	Patio Room
Sing-Along to Beatles' Songs In preparation for the One City Chorus concert at UUC, you have the opportunity to recall the lyrics from "Beatlemania." Practice your "yeah, yeah, yeahs" and join others for this lively offering of joyful music.	Chuck Miller	Chorale Room
Bingo Scavenger Hunt: Find Someone Who  A friend recently said, "If it ain't fun, I am not doing it!"  If you feel the same way, this workshop is for you.	Margie Manning	Surti Hall
The Aging Paradox Let's talk about aging. Our bodies are changing, but how do we experience these changes? Our physical abilities decline as we age, but a wide-ranging majority of older adults report that they feel well and (relatively) happy. This is the aging paradox - a luxury of modern society and the last phase of adult development.	Caroline Kaufman, PhD	Maxwell Library
Zoom Online Participants What do you know about stress and how it affects the body? Your assumptions are about to be challenged!	Lauren Logan	Zoom