



LETTER FROM YOUR PRESIDENT

by Eric Papendorp, President, Board of Trustees

UNITARIAN UNIVERSALIST
CHURCH OF
CHATTANOOGA
*a liberal religious
community*
3224 NAVAJO DRIVE
CHATTANOOGA, TN
37411
423-624-2985
FAX 423-624-0519
www.uuc.org

*Board President
Eric Papendorp*

*Minister
Rev. Jeff Briere*

*Religious Education
Director
Kay McCurdy*

*Music Director
Kate Briere*

*Church
Administrator
Chris Tregaskis*

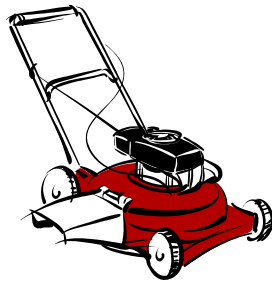
*the nuusletter Editor
Wendy Sapp*

[RETURN TO UUC](#)
[HOMEPAGE](#)

Many of the biggest decisions in my life have been made while pushing a lawnmower. In high school, I broke up with girlfriends and decided what college to attend as I pushed my dad's John Deere. As a young man, the decisions to get married, buy our first house, and change jobs all came while walking behind a mower. As I get older, the time spent mowing not only assists my decision making process, but brings with it a calmness and peace of mind

For me, the simple act of pushing a lawnmower, making patterns of freshly cut grass, and slowly transforming an unruly, tangled mess, row by row, into a neat and orderly lawn is a kind of walking meditation. I'm not sure Thich Nhat Hanh had the noise of the roaring and sputtering engine of my slightly out of tune Toro in mind, but with a set of earplugs, the droning helps me to tune out the world that surrounds me.

Sound good to you? Then please contact Eric Slaton or myself as we endeavor to put together a group to take care of our church's grounds. Currently, there are four of us that have committed to this effort, but we need at least four more to make this vision a reality. With at least eight people involved, teams of two would get together once every six weeks or so to mow, trim, and do general cleanup around the church grounds. The more people who volunteer, the less of a time commitment this will be. With the money we save on lawn care, we could make investments to improve the church grounds, plant trees, compost, or any of hundred other ideas to enhance our property.



Thanks for your time in considering this service to our church.

INSIDE THE NUUSLETTER:

Services and Forums.....	2
Interdependent Web.....	3
Pagan nUUs.....	3
Green Sanctuary Initiative.....	4
Birthdays.....	4
Religious Education nUUs	5
Small Group Ministry.....	6
Musical Month.....	7
I Couldn't Have Done It Without You.....	8
Share the Plate	9
Coffeehouse.....	9
Passover Seder	10
Volunteer Schedule.....	10
General Assembly.....	11
Fat Tuesday Night In Success.....	11

SUNDAY SERVICES ♦ 11:00 AM

APRIL 3 ♦ *A LIGHT IN EVERYONE: A STORY OF UNIVERSALISM*

The Rev. Jeff Briere retells the story of one of our religious ancestors, and probably the least-understood: the Universalists.

APRIL 10 ♦ *WHAT DO YOU REALLY KNOW?*

Right now, you think that you're reading *the nUUsletter*. But maybe you are actually fast asleep, snuggled under your covers and dreaming about reading *the nUUsletter*. Well, it's time to wake up and go to church to hear the Rev. Jeff Briere explore some ideas about knowledge and how we know that we know what we know.

APRIL 17 ♦ *"SPIRITUAL MATURITY, SPIRITUAL TENSION"*

As a university professor who teaches religion, Todd Hibbard is often approached by students seeking certitude in matters of spirituality and faith. His response is frequently not what they are after. Todd's message explores some of the tensions created by the quest for spiritual maturity through an exploration of some well-known (and not so well-known) stories in the Jewish and Christian traditions.

APRIL 24 ♦ *IS PEACE POSSIBLE?*

The Italian poet Petrarch wrote: "Five great enemies to peace inhabit within us: avarice, ambition, envy, anger and pride. If those enemies were to be banished, we should infallibly enjoy perpetual peace." Avarice, ambition, envy, anger, pride: Shakespeare made villains of them all. They reappear every 30 minutes on cable TV news. The Rev. Jeff Briere riffs on the possibility of peace.

SUNDAY FORUMS

The Forum meets downstairs in the last room on the left at 9:30 am. All are welcome to attend. Contact Jim Welborn for more information.

April 3: Jim Kennedy - *How Chattanooga Changed*. Jim has long been associated with the Chattanooga renaissance through the River City Company, as President of the Chattanooga Visitor and Convention Bureau, and as head of the Chattanooga Chamber of Commerce.

April 10: Dr. Daniel Kennedy - *Math and Magic*. Dan teaches AP Calculus at the Baylor School, consults on math issues for the College Board, and is a textbook writer and editor for Prentice Hall.

April 17: Susan Kennedy - *Thinking about Comedy*. Susan will discuss "Laughter" by Henri Bergson, and "An Essay on Comedy" by George Meredith.

April 24: Rabbi David Cantor - Rabbi Cantor is the Rabbi at B'nai Zion Congregation on McBrien Road, and will talk about the Jewish view of the afterlife.

WHO'S PREACHING?

Todd Hibbard teaches religious studies at UTC. His area of specialization is Christianity and Judaism in Antiquity (Ph.D., University of Notre Dame) and most of his work focuses on the social and theological matrix out of which both of these faith traditions emerged and developed. Much of his research and writing focuses on the creation and reception of the biblical materials. Since he and his wife have two teenage children, however, it might be more honest to say that his work focuses on trying to understand the teenage mind!

THE INTERDEPENDENT WEB
by Steve Hollingsworth

Then, as now, they appealed to knee-jerk populism by conjuring up an imaginary elite with an insatiable hunger for control. Then, as now, they preached the superiority of subjective beliefs over objective proofs, of knowledge acquired by personal experience rather than through scientific rigor.

~ Seth Mnookin, *The Panic Virus*

If you want a lie to go round the world, it will fly: it is as light as a feather, and a breath will carry it.

~ Rev. Charles Haddon Spurgeon (1834-92)

As an aging man with no children of my own, I had paid little attention to the story of the alleged link between childhood vaccines and autism. A story of the *BMJ* (formerly *British Medical Journal*) characterizing the work of Andrew Wakefield who first suggested the link as “an elaborate fraud” meant I was primed to be attentive when I heard an interview with Seth Mnookin recently. Seth Mnookin has documented the twists and turns of the so-called controversy in his book, *The Panic Virus*.

I am alarmed; I want to do what I can to get everyone I know to have the facts.

Here is the short and simple truth: It is necessary that all reasonably healthy babies and young children get their basic vaccinations. There are no verifiable links between autism and vaccination and, even if there were, the levels alleged are less significant than the health risk of unvaccinated populations.

We Unitarian Universalists generally like to side with the individual when matters of personal choice are concerned. I, for one, understand the way it is problematic to argue that people must wear seatbelts or motorcycle helmets when the proximate harm from negligence will be to the individual and the harm to society will only be costs born at-large. Vaccination is—I did not know this before—very different.

The critical distinction is that in a population with a high rate of vaccinations any individual who becomes infected will probably not encounter anyone unvaccinated and the disease will not spread. Below a threshold, someone else without immunity will be infected and an outbreak will be under way. Above that threshold, there is *herd immunity*.

Sadly, in places in the UK, in British Columbia, and in California, many children are now dead because fear has driven the vaccination rate down too low and preventable diseases like measles and whooping cough are killing them.

It complicates the issue that pharmaceutical companies that benefit from selling vaccines have not always acted in the public interest so we should never relent in demanding the best-tested, safest vaccines. But the people who vehemently argue that anything less than perfection is unacceptable are dead wrong. What we have already is far better than the alternative.

Please help spread the word: Vaccinations save lives. This is one important way we protect the interdependent web of existence of which we are a part.

PAGAN NUUS

APRIL

- 3 – Study Group 9:30 am – Topic: Herbs - Dale Elmlblade will lead discussion
- 3 - New Moon – 10:32 am
- 17 - Full Moon – 10:44 pm
- 22 – Earth Day



GREEN SANCTUARY INITIATIVE
by Sandy Kurtz, Green Sanctuary

MOVING ON IS SOMETIMES HARD

At this writing, the world is witnessing an example of the horror that can be wreaked both by nature and mankind. Feelings of helplessness, sadness and despair are overwhelming as we see the pictures of the tsunami washing away whole cities and fields or the cracked roads in the aftermath of the earthquake. We know there are unseen people and animals in the water or flattened homes that are lost forever to loved ones.

Even more disturbing is the exposure to radiation resulting from something manmade. A nuclear reactor is simply a water boiler albeit with a fuel so lethal that, if released, dooms not only people, but also the surrounding land now and for years to come. Is there a better way more in harmony with nature?

Earthquakes are location specific, but released radiation can move away from its initial location on air currents circling the globe. We wonder what to do. Will it fall on us increasing our risk of changes in our genes and cells, or giving us leukemia or other cancers? What food can we eat? What milk can babies drink?

Here we live near three nuclear plants. Even without a tsunami, earthquake, tornado, terrorist attack or dam break, how safe are they given that previous accidents have usually been caused by human error? For future generations, and ourselves do we have a moral and/or spiritual responsibility to forego nuclear power for safer, cheaper energy alternatives? Do we have the will to change? The Solar Committee is working on one solution for our church.

Unitarian Universalist Association and Unitarian Universalist Service Committee are partnering with churches in Japan: Tsubaki Grand Shrine, the Konko Church of Izuo, the Tokyo Dojin Church, and the Japan Chapter of the International Association for Religious Freedom. A Japan Relief Fund is set up for donations. Go to <http://www.uua.org/news/newssubmissions/179179.shtml> and click on Japan Relief Fund.

IS IT SPRING YET?



The official start of spring, the Vernal Equinox, is March 20, is evident as we see blooms coming forth on our church grounds. Many bulbs have been planted over the years by our youngsters in beds near the entrance and around the Peace Pole. Go for a wildflower walk. Spring in Appalachia will bolster your soul.

April BIRTHDAYS

- Cecile deRocher ~ April 3
- Christina Bjorling ~ April 2
- Megan Boshers ~ April 12
- Katherine Moore ~ April 13
- Caroline Vanderhoof~ April 13
- Carolyn Moore ~ April 16
- Shela Van Ness ~ April 17



- Brenda Ford ~April 18
- Claire Hale ~April 21
- Greg Kertay~ April 25
- Linda Pehlman~ April 25
- Bill Kurtz~ April 26
- Noel Dillard~April 29
- Sue Knight ~ April 29

The articles in *the nUUsletter* are representative of the diverse and varied opinions and beliefs of the members of the Unitarian Universalist Church of Chattanooga (UUCC).

RELIGIOUS EDUCATION NUUS

Reprinted from UU Parenting with Michelle Richards at <http://blogs.uuworld.org/parenting/>

Making Believe

Many Unitarian Universalist parents are concerned about the perceived scariness of many fairy tales and wisdom stories as well as about the violence and suffering present in many TV or video programs aimed for children. How could we not be? While we are a justice-seeking people, we also value peaceful living, compassion, and generosity, values that often seem in conflict with programming and popular stories for children.

It turns out, however, that children actually crave scary stories. This is why the recent fervor over all things Harry Potter continues and why the tales of Lemony Snicket's *A Series of Unfortunate Events* may seem so gruesome to adults yet hold so much fascination for children. This is also why some timeless tales of conflict like *The Little Mermaid*, *Cinderella*, and *Beauty and the Beast* endure to be told generation after generation.

Children don't want to hear, watch, or read stories that claim evil does not exist because they are acutely aware—even from very young ages—that it does. Instead, they want stories that tell them that "evil" is ultimately weaker than "good" or can somehow be overcome by people acting for good. Understanding that goodness can prevail offers a sense of reassurance and can ultimately guide a child's actions when he or she is faced with their own inner conflict over doing what is right as opposed to what may be beneficial.

Once they are past the preschool years and are generally able to read for themselves, this fascination with good vs. evil continues and even expands as they become more adept at separating reality from fantasy. Why? Perhaps because they are able to recognize (either consciously or unconsciously) that we are all engaged in our own battles against good and evil, even if our dragons, wizards, and vampires are only metaphorical.

As for violence in movies, TV programs, and children's stories, there are some psychologists who believe that in moderation, it can actually be cathartic. Children have a strong need to act out or role-play situations, particularly if there are strong emotions involved. So while it may not be quite time to break out the *Terminator* or *Transformers* movies on DVD, some mild violence can have a positive impact on children, allowing them to experience the normal emotions that we are usually taught to deny—like fear, greed, power hunger, and rage.

Parents who were determined to ban play guns from the home (myself included) often find that their children are so determined to engage in weapons play that they will fashion guns out of LEGO blocks, wrapping paper tubes, sticks, and, in the case of my son, even pipe cleaners distributed as part of an intergenerational worship service.

Therefore, an important key to determine whether something is acceptable or not might not necessarily be the presence of violence, but instead how the situation is resolved. For instance, the popular computer game *Grand Theft Auto* may glorify violence and send the message that it is okay to abuse women and murder others mercilessly, but other games, such as *Resident Evil*, actually promote fighting off evil forces to save other human beings from danger.

Likewise, books or videos about pirates and soldiers don't have to be summarily discarded because of who is featured in the book. Instead, seeing how the conflict is resolved and recognizing the messages that are communicated (along with how those messages fit with your own family's values) can be the guide for what is permissible and what is not. This middle ground also allows children who need to express some of their aggression or role play their own personal battles of good vs. evil to do so, yet satisfies our needs as parents for them to learn positive interactions with others.

THE OTHER S IN SGM*by Wendy Sapp, Small Group Ministry Co-Coordinator*

As you probably know by now, SGM stands for Small Group Ministry, a format through which we undergo a transformational process to nurture connections and explore spirituality within our congregation. What you may not know is that there is a second S integrally related to Small Group Ministry—Service. Each SGM group commits to performing two service projects each year, one for the church and one for the community. As you can imagine, first-time participants are sometimes enthusiastic about the opportunity to develop a group service project, but at other times they are resistant. After all, everyone's schedule is so busy and we already provide so many volunteer hours and, and, and...

Well, I'm going to let you in on a little secret—for many people who join Small Group Ministry, the service projects turn out to be the highlight of the year. The opportunity to provide service to our church and community with a group of people whom they have come to know and cherish is an amazing opportunity that most of us don't get to experience. In fact, one of this year's groups was so enthusiastic about the service projects that they planned THREE projects instead of just two!

This year, SGM groups have completed or are planning the following service projects:

- Making Christmas cards for our church Caring Committee
- Cleaning up the church playground
- Setting up and cleaning up for the church Seder Supper (see article on page 10)
- Hosting a Fat Tuesday Night In with a food and clothing drive (see article on page 11)
- Volunteering at the McKamey Animal Shelter
- Coordinating a wish-list drive for the Children's Home/Chambliss Shelter (see article below)

Whether the idea of group service projects excites you or leaves you feeling tired, I promise that you will get more from the experience than you will give. The intertwining of Service and Small Group Ministry enriches us all.

WISH LIST DRIVE FOR CHILDREN'S HOME/ CHAMBLISS SHELTER

The Parenting Small Group Ministry is sponsoring a "Wish List" Drive for the Children's Home/Chambliss Shelter. The Children's Home/Chambliss Shelter is a private, local non-profit organization. Dating back to 1872, the agency exists to preserve the family unity and to help prevent the dependency, neglect, abuse, and delinquency of children by responding to the community's child care needs. For more information on the Children's Home/Chambliss Shelter check out their website: www.ch-cs.org.

Coming mid-April, the Parenting SGM will have a poster in the coffee area filled with "wishes" of items the Children's Home/Chambliss Shelter needs. Please take a "wish" off the poster and return the item to church the first or second Sunday in May. The last pick up day will coincide with a "Share the Plate" Sunday for Children's Home/Chambliss Shelter on May 8th, Mother's Day. Please help us help children in our community.



Children's Home • Chambliss Shelter

Caring for Children 24•7•365

MUSICAL MONTH OF MARCH
by Kate Briere, Music Director

I hope by the time this newsletter reaches everyone, it will be spring! Not so today—March 10 with 40 degrees and the forecast of snow tonight!

I have been reading the literary magazine, *The Sun*. If you are not familiar with it, please check out the magazine rack as you enter the church for recent issues. The March issue has a section devoted to singing. Of course I had to read through the many memoirs and stories that people wrote about their connections and sometimes aversions to singing in their lives. It made me wonder what our stories might be....so I am asking you to send me your stories that concern singing...good or bad...in your lives. Please send them any time to me at music@uuc.org

Please tell me if you want to remain anonymous because I think we may print them at some point in *the nUUsletter*. Thanks in advance!

PAST

The choir premiered my song, "Good News", this past Sunday, March 6, at the Celebration Sunday kicking off the Stewardship Campaign. It was very well received and the plan now is to record it for posting on YouTube. A very good idea which came from choir member, Nicky Ozbeck! We are planning to do this as soon as we find a videographer to tape the recording! Stay tuned for time and date!

APRIL

Sunday, April 3: The Children's Choir will be singing for the service. They will be singing "Each of Us Has a Light" by Sally Albrecht and Jay Althouse. It has a gospel swing and will be accompanied by Jeff Briere, guitar, Jesse Blue, bass and Roger Davis, drums.

Wednesday, April 27, 7 PM: Singing Meditation will continue on the last Wednesday. Please come and join us for this unique spiritual experience combining song and silence.

Sunday, April 24: *The chattanUugans* and bell choir are working on a very special service. The entire service will be devoted to Peace. The choir will sing "Credo" by Mark Hayes. "Alleluia! Sang Stars!" from our hymnal will be performed by the bell choir and choir.

Friday, April 22: The choir will also be singing "The Sabbath Prayer" from *Fiddler on the Roof* at the Seder Supper. And of course they will lead everyone in the singing of "Had Gadya".

CHATTANOOGA INSTITUTE OF NOETIC SCIENCE: QUAKERS: RELIGION OR "SPIRITUAL MOVEMENT?"

presented by Dr. Larry Ingle

April 9, 2011 Meeting

10:30 am to noon

(The quotation marks around "Spiritual" in the title are meant to suggest that Dr. Ingle has his doubts about this sometimes characterization.) This presentation will explore the nature of religion as opposed to what moderns describe as "spiritual" by looking at the Quaker experience with this seldom addressed question.

Larry Ingle, retired historian from the University of Tennessee-Chattanooga, is a native of Greensboro, North Carolina, and has lived in Chattanooga for 44 years. He is co-author of a two-edition U.S. history textbook (1978-present), a study of the Hicksite schism among American Quakers in 1827-28 (1986), and a biography of George Fox, founder of the Society of Friends in the mid-17th century (1994). He is currently hard at work on a book on President Richard Nixon and his religion, tentatively entitled "Twentieth Century Ranter: Richard Nixon's Religion."

I COULDN'T HAVE DONE IT WITHOUT YOU

by the Rev. Jeff Briere

Rule No. 1: In cooking shellfish, the possibility of contamination is ever-present. Food poisoning follows a lack of vigilance.

Rule No. 2: A lengthy interval between your last case of food poisoning does not mean you have gained immunity. Refer to Rule No. 1.

Like a woman pregnant for the second time, I don't remember the agony I went through the first time I got a hold of a nasty oyster. But Kate tells me that on vacation in Rhode Island, I was sick for a few days. She tells me I was begging to die.

But I forgot about it, I guess, because I certainly didn't swear off shellfish in the intervening twenty years. I have eaten my share of oysters on the half shell, mussels with mustard sauce, pasta with clam sauce and rock shrimp, both at home and at restaurants everywhere and loved every bite. No problems.

But last week, I followed a recipe I found in a magazine for littleneck clams steamed in beer with potatoes and fennel root. It was delicious. Until the next day, when I felt a bit off. The day after that was worse—I thought I was gonna die. Actually, I was hoping I would die. Soon.

On the third day I arose again to find that I hadn't died. I was still alive and suffering for my sins. Kate shared that meal with me, but those little b#@;☼&s left her alone and picked on me. It went on for five days. And nights. I had hideous dreams. When I could sleep.

Enough about that. What made it all worthwhile (if anything did) were the glowing reports I got about the worship service I wrote and which Maurine Olin, Rich Dwyer, Roger Davis, Catherine Long, Kristie McKinley and Kate Briere produced when I was on my deathbed (or what I thought was my deathbed). I am so thankful for the people in this congregation. They are talented, generous and a delight to know.

I think they would do the same for you. When you are down, when you need help, call us. We're here and we can help.

COME ENJOY SPRING IN THE SMOKIES AND STAY WITH FELLOW UUs

Discover the Smokies' Spring Wildflower Adventure! Tennessee Valley Unitarian Universalist Church invites you to come to Knoxville for a couple of days to enjoy spring wildflowers and festivals in and around the Smokies while you stay with our UU bed and breakfast hosts. We are ready to welcome you anytime between April 1 and May 1, 2011. Costs are \$40 single, \$70 couple per night. Everything should be in full bloom, and there are lots of opportunities (and some well-kept secret places) where you can immerse yourself in the season. For details and registration information, visit our website at www.tvuuc.org.

SHARE THE PLATE

In April, Share the Plate will be collected for Northside Neighborhood House (NNH). For 85 years, NNH has promoted the independence of residents north of the river by providing a hand up through education and assistance. NNH offer emergency direct assistance to our neighbors in need, working cooperatively with other organizations. This assistance helps individuals and families obtain prescriptions, pay their utility bills, afford a bus ticket or put healthy meals on the table. NNH offers a "hand up," which means those we serve must contribute a partial amount needed in order to receive the assistance. They work with other helpful organizations in the community to evaluate need based on current or prior assistance those individuals and families may have already received. NNH also offer educational programs and after-school programs. Two thrift stores provide individuals a place to purchase gently used clothing, household items and furniture at a low cost. Collaborations with several partner agencies provide their clients the opportunity to access free items. For more information, go to www.nnhouse.org.

Month	Share the Plate with	Amount Donated
April	Northside Neighborhood House	????
March	The Mountain	\$755.52
February	Interfaith Homeless Network	\$505.00
January	Newton Child Development Center	\$381.68
December	Pet Placement Center	\$222.61
November	Community Kitchen	\$471.25
October	UUA	\$268.00
September	Living Waters for the World	\$373.29
August	Minister's Benevolence Fund	\$95.00
July	Greater New Orleans UU	\$219.27

COFFEEHOUSE: APRIL 1ST

Please join us for an evening of music, poetry, dramatic readings and who knows what else as the Coffeehouse returns on Friday April 1st. You'll be amazed at the talents of your fellow UUs, both young and not-so-young. Doors open at 6:30, and performances start around 7:00. We'll have coffee, of course, and other beverages, sweets and light snacks. Appreciative audience members are very welcome.



UCC Board of Directors

<i>President, Eric Papendorp</i>	<i>VP, Programs, Kristie McKinley</i>
<i>VP, Ways and Means, Frank Caperton</i>	<i>VP, Religious Education Bonny Sinclair</i>
<i>Treasurer, George Helton</i>	<i>Secretary, Donna Crompton</i>

PASSOVER SEDER

The Unitarian Universalist Church of Chattanooga’s Passover Seder, one of the most popular events on our spiritual and culinary calendar is scheduled for Friday, April 22nd at 6:30pm.

The Passover Seder is an opportunity to honor one of our UU sources in typically Unitarian-Universalist fashion. We celebrate the story of the Exodus, the liberation of the Israelites from slavery in Egypt. We read from a modernized Haggadah (literally telling) that reflect UU values. We eat delicious traditional foods, matzo ball soup, gefilte fish, charoset (a wonderful mix of apples, wine, nuts, and honey), beef brisket, chicken, and scrumptious unleavened desserts. Kids have a whole lot of fun searching for the afikomen at the end of the meal. All this, plus traditional red wine and grape juice is provided by “the committee.”

Should you bring something? Yes, especially if you have children. Please bring them; we need them. They have a crucial role to play in this celebration. We guarantee they’ll have fun. They don’t need to sit quietly. Exuberant children are important to the ambience of a UU Passover Seder.

Whether or not you’re bringing children, we’d appreciate your bringing a vegetable or salad to feed about eight people. We try to stay kosher in spirit so please don’t use or bring any dairy or flour products. Please don’t use flour, milk, cream, cheese, butter, or any other dairy products in the preparation of your salads and veggies. If you have food questions, contact Lee Adler or Daidee Springer.

To accommodate everyone comfortably, we have to be sure not to exceed our capacity. Sign up on the sheet in the Fellowship Hall or call the Church Office to register. Once you register you’re committed to paying the cost of \$8 per adult and \$4 per child age 4–12. Children under four are free. Once we reach our maximum capacity of eighty participants, we’ll start a wait list. If you register and find you can’t attend, please call the office and we’ll release your seat to someone else if we’ve reached our maximum. If your seat is resold then you won’t owe us. But if it isn’t you will. You really don’t want to miss this event!

Be Sure to sign up NOW for the
PASSOVER SEDER
 FRIDAY, APRIL 22nd. 6:30 p.m.

Sign-Up Sheet is in Fellowship Area OR call the Church Office

\$8 per adult; \$4 children 4-12; children under 4 free

For more information contact Lee Adler or Daidee Springer

VOLUNTEER SCHEDULE

DATE	4/3	4/10	4/17	4/24
TOPIC	A Light in Everyone: A Story of Universalism	What Do You Really Know?	"Spiritual Maturity, Spiritual Tension"	Is Peace Possible?
LEADER	Rev. Jeff Briere	Rev. Jeff Briere	Todd Hibbard	Rev. Jeff Briere
GREETERS AND USHERS	Susan Kennedy Harold Linn Nicky Ozbeck	Yvonne Derrickson Donna Crompton Linda Park	Elaine Hill Linda Helton Marge Pasch	Margaret Hudson Matt Hoyt Betsey Hoyt
BOARD REP	Donna Crumley	Kristie McKinley	George Helton	To be announced
MUSIC	Children’s Choir	Aaron Long	Steve Hollingsworth	The ChattanUUGans
SOUND REINFORCEMENT	Rich Dwyer	Eric Davis	Kristie McKinley	Karl Hunt

GENERAL ASSEMBLY 2011
June 22-26, Charlotte, North Carolina

General Assembly (GA) 2011 in Charlotte will mark the [50th anniversary](#) of the merger of the American Unitarian Association and the Universalist Church of America. Join thousands of fellow Unitarian Universalists from across the country as we remember the persons and events that brought into being the Unitarian Universalist Association (UUA) in May 1961, to reflect on our denomination's relevant achievements and struggles since then, and to chart new aspirations for the future we are determined to shape.

- Experience wonderful and uplifting [worship services](#)—morning and night—led by some of our best worship leaders, with glorious music and inspiring messages.
- Participate in our [democratic process](#). General Assembly is the way that our faith does business, bringing together the distinctive character of our individual congregations.
- Hear [terrific speakers](#). There will be hundreds of dynamic, entertaining programs and informative workshops.
- Connect with craftspeople and artisans, social action groups, professional and educational resources, theological schools, UUA organizations and staff, Beacon Press, and the UUA Bookstore in the General Assembly [Exhibit Hall](#).
- Network with other congregation leaders, share best practices, and learn from one another. Return to your congregation reinvigorated and inspired to put your [values to work](#).
- Witness for our faith in moving and exciting ways as we look forward to and prepare for a special "Justice" [General Assembly in Phoenix, AZ](#) in 2012.

FAT TUESDAY NIGHT IN: A SUCCESS!

The Maitri Small Group Ministry held a "Fat Tuesday Night In" event at the church on March 8th to raise donations of clothing and canned food for the Northside Neighborhood House (NNH), a non-profit whose mission is to promote the independence of residents north of the river by providing a hand up through education and assistance. The members of the group, Leslie Brock, Miranda Cagle, Matt Hoyt, Harold Linn, Kay McCurdy, Kristie McKinley and Elaine Watkins, planned the event and prepared the main dishes. Traditional gumbo, vegetarian red beans and rice, sour dough bread, pork with basil, begets, chicory coffee and king cake were in large supply.







Guests brought sides dishes and the event lived up to its theme of "eat good and do good." Dinner attendees donated at least one canned good per person as their fee for dinner. Optional and also encouraged was the clothing swap. Everyone was invited to bring clothes to swap with one another and whatever clothing remained was donated to NNH. Thirty-five to forty people enjoyed good food, good fun, and the chance to "do good" for the community. The evening brought in eighteen bags of clothing and 71 cans of food for Northside Neighborhood House. April's Share the Plate will go to Northside Neighborhood House. For more information about the non-profit, please visit www.nnhouse.org

ART OF LIVING

YOGA & MEDITATION COURSE

Learn Sudarshan Kriya, a rhythmic breathing meditation technique offered only through the Art of Living Course

What can Sudarshan Kriya do?

-  Reduces Stress
-  Improves health
-  Alleviates depression and anxiety
-  Promotes overall well-being

Attend the introductory seminar "Mind & Meditation" to learn more!
Date/Time: 2 pm, Sunday, April 24
Location: Unitarian Universalist Church



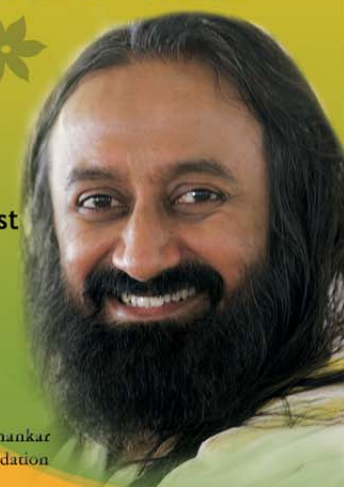
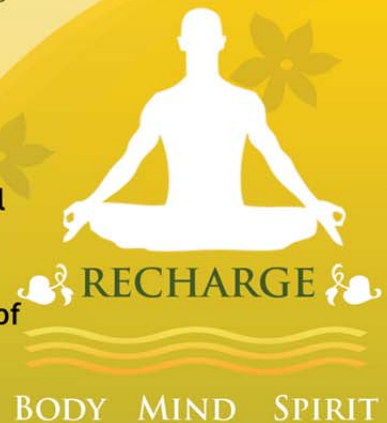
BREATHE OUT STRESS
BREATHE IN JOY

Dates: May 15 - 17, 2011
Times: 6:00 pm - 9:30 pm
Attendance is required for all sessions.

Unitarian Universalist Church of
Chattanooga
3224 Navajo Dr
Chattanooga TN 37411

 865-386-2790
 madhan.anand@us.artofliving.org
www.artofliving.org/us-en/southeast

Register before April 24 to avail of the early bird discount!



His Holiness Sri Sri Ravi Shankar
Founder, Art of Living Foundation

MIND AND MEDITATION SEMINAR AN INTRODUCTION TO THE ART OF LIVING WORKSHOP

***What is the secret to peace of mind?
How can I let go of negative thoughts?
How do I create balance between work and personal life?
How can I increase my spiritual depth?***

The Mind and Meditation workshop enables attendees to discover the art of calming the mind through the power of the breath. A calm, peaceful mind is the source of great energy and joy. It is also the foundation from which confidence, focus and better relationships are built.

This dynamic 90-minute session will introduce attendees to meditation and yoga. Participants will learn powerful but simple techniques that will allow them to take care of their mind, de-stress, relax and create a space of peace within themselves.

Date: April 24, 2:00 pm

Presenter: Mona Shah-Joshi, Art of Living Programs, Georgia.

For more information, contact
M. K. Anand
865.386.2790
madhan.anand@artofliving.org

April 2011

March 2011
 S M T W T F S
 1 2 3 4 5
 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
 20 21 22 23 24 25 26
 27 28 29 30 31

May 2011
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 12:00p Homeschool 6:00p Coffeehouse	2 12:30p CofG 2:30p SGM
3 9:00a Choir 9:30a Forum 9:30a Pagan Grp 10:15a Children's Choir 10:30a Bell Choir 11:00a Worship 11:15a RE 12:00p Women's Choir 12:00p SGM	4	5 12:00p Homeschool	6 6:30p SGM	7	8	9 10:30a CHIONS 12:30p CofG 6:30p Bridge Group
10 9:00a Choir Rehearsal 9:30a Forum 10:30a Bell Choir 11:00a Worship 11:15a RE 12:00p Women's Choir	11	12 12:00p Homeschool 6:30p SGM	13 6:30p Spiral Scouts 6:30p Finance Comm.	14	15	16 12:30p CofG
17 9:00a Choir Rehearsal 9:30a Forum 11:00a Worship 5:00p CofG (until 10pm) 7:00p SGM (Teen Rm)	18	19 12:00p Homeschool 2:30p CofG	20 7:00p Board Meeting	21	22 6:00p Passover Seder	23 12:30p CofG
			6:30p SGM			
24 9:00a Choir Rehearsal 9:30a Forum 11:00a Worship 11:15a RE 12:00p Women's Choir	25	26 12:00p Homeschool	27 6:30p Spiral Scouts 6:30p Singing Meditation	28	29	30 11:00a CofG 3:00p UUKids (Sanctuary 3-6)